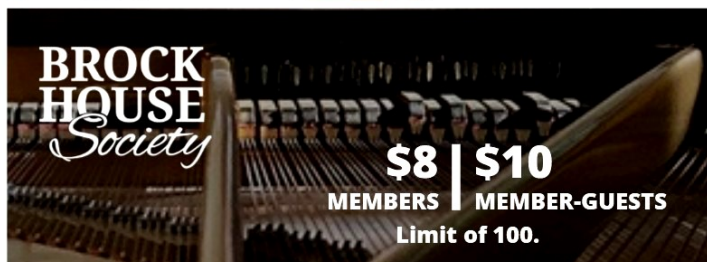




A Halpern Performing Arts Event:

Daddio and the Gran Koolios



\$8 | \$10
MEMBERS | MEMBER-GUESTS
Limit of 100.

TUESDAY MARCH 3rd

**1:45pm to 3:15pm
In the Conservatory**

John Mitchell has composed and produced the music for over 500 episodes of animation and 200 episodes of live-action television. He has won a Leo Award for his television work, and has been nominated for a Juno award for his children's songs. He is currently a lecturer in the Roots and History of Contemporary Popular Music at SFU.

The foundation of rock and roll music comes from the cotton plantations of the American south. The rhythms and music travelled north up the Mississippi, until it was heard by a new young post-war generation, ready for their own music and ready to dance. Let's travel back in time along the Rock and Roll highway from its beginning to his heyday in the 50s. The presentation will include a four piece band and a lecture.

Seniors' Services Series

**Wednesdays, 1:30 - 3:30
Halpern Room**

February 5 - Core Values, Legacy, Love Letters and Heart Wills

with Michelle Pante. In this interactive workshop with Willow EOL, you will learn to reflect on your life and begin to write lasting messages to those you love.

February 12 - Loneliness and Isolation: Strategies for Reduction and Prevention

with Eddy M Elmer. Eddy will explain to participants how to identify the socially isolated and how to deal with isolation and loneliness. He will also describe strategies for the reduction and prevention of loneliness and isolation.

February 19 - Disaster Preparedness

with Jackie Kloosterboer. Jackie will take participants step by step through the process of preparing for disasters, including: fires, flooding and earthquakes. She will also explain how to perform a home hazard hunt. Jackie will bring copies of her book, "My Earthquake Preparedness Guide" for sale to participants.

February 26 - Garden Buddies

with Patricia Fleming, Executive Director of Earthwise. Patricia will describe the Earthwise Society's Garden Buddies program - how it works and how it has benefited those who have taken part.

Where Seniors Stay Young

Brock House Society - 3875 Point Grey Rd, Vancouver BC V6R 1B3 - BrockHouseSociety.com

BrockHouseGallimaufry@gmail.com



From the President's Pen

First of all can I offer you a belated *HAPPY NEW YEAR?*

Well by now we have all adjusted to the expectations, changes and demands of our New Years resolutions, both realised or still to be fulfilled and on a broader front the expectations of a new decade. However it is sometimes difficult to disconnect from what is happening in a media world that seems to be focused on the next bad news story and what you require to think positively in order to just get through another day! So let us start by focusing on the positive!

At Brock House Society the New Year also started with a resolution of maintaining the highest standard of services that we can deliver to you the members.

And in so doing, offer it in an environment of comfort and solace. A place where you can relax or be stimulated, depending on the program you choose. More importantly though, a place where you feel safe and secure in the knowledge that you are receiving the best level of support available, given our current human resources.

These resources are manifold. Starting of course with our dedicated staff of 4, who are responsive to the Board of Directors. The staff and Board are also supported by the many volunteers, who work diligently on the planning and delivery of the many levels of service at BHS.

However as we head towards our **AGM on March 25** when we will review the structure of the Board, some of the Directors will be stepping down after many years of service. These vacancies will leave big shoes to fill and we always need volunteers.

So this is a call to any of you who feel ready to fulfill that New Year's resolution that you made, to give something back to the community. Please consider making a contribution by using your skill set or past work experience, by joining the new Board or by involvement in a volunteer position.

If you are interested please *contact the office asap* who will follow up on your offer.

Now back to our programs for the next few weeks. There are still *seats left on the following programs and events:*

Canadian Art History past and present
-4 weeks-starts **February 18**

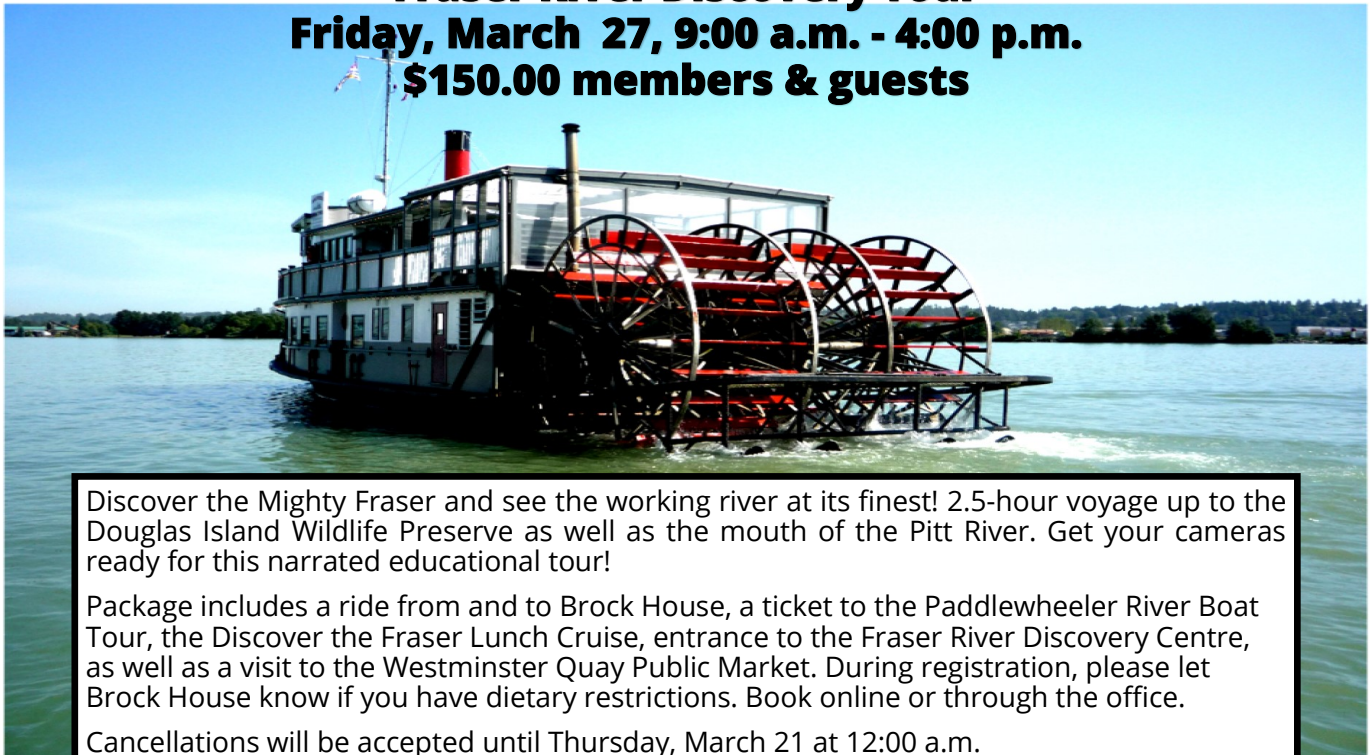
Neil Ritchie returns with *Legendary Performers*
-5 weeks-starts **February 20**

Halpern Event *Daddio and the Gran Koolios*
-early rock 'n' roll band & lecture, **March 3**

Thank you and enjoy this exciting start to the New Year.

- Peter Phillips, President

Fraser River Discovery Tour Friday, March 27, 9:00 a.m. - 4:00 p.m. \$150.00 members & guests



Discover the Mighty Fraser and see the working river at its finest! 2.5-hour voyage up to the Douglas Island Wildlife Preserve as well as the mouth of the Pitt River. Get your cameras ready for this narrated educational tour!

Package includes a ride from and to Brock House, a ticket to the Paddlewheeler River Boat Tour, the Discover the Fraser Lunch Cruise, entrance to the Fraser River Discovery Centre, as well as a visit to the Westminster Quay Public Market. During registration, please let Brock House know if you have dietary restrictions. Book online or through the office.

Cancellations will be accepted until Thursday, March 21 at 12:00 a.m.

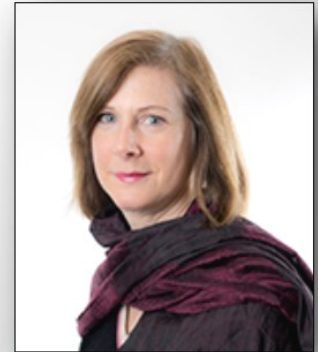
The Esther Birney Literary Arts Series

Thursdays at 10:30 in the Halpern Room

February 6

Dr. Debbie Schachter **"Critical Information Literacy: Engaging citizens in reflective practices in the information age"**

Dr. Schachter is the University Librarian at Capilano University, an adjunct faculty member with the UBC iSchool and sessional faculty at the Langara Library Technician program.



February 13

Dr. Katherine Sirluck **"Spelling Humanity with the Animal Alphabet"**

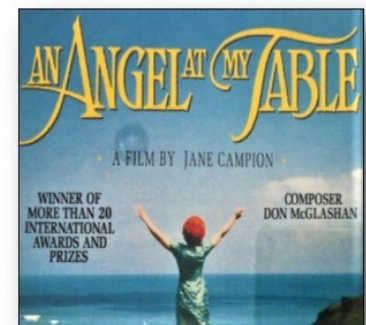


Dr. Sirluck teaches Renaissance literature and drama in the Department of English at UBC. In this talk she'll review the emerging field of scholarship in animal studies and, using King Lear as the focal point, will consider how this approach offers new templates for understanding both the historical period and its theatrical productions.

February 20

"An Angel at my Table" - Part 1 with Elisabeth Caton, B.A., M.A.

Dame Elizabeth Jane Campion's highly acclaimed and award-winning movie about the life of New Zealand writer, **Janet Frame**, based on her three autobiographies, published in the early 1980s, will be shown in two parts. Part 1, *To the Is-land*, depicts Frame's childhood of poverty and neglect, her early interest in writing, and her life and her family's in rural New Zealand.



**Parts 2 & 3 will be shown together on
March 5 starting at **9:45 a.m.****

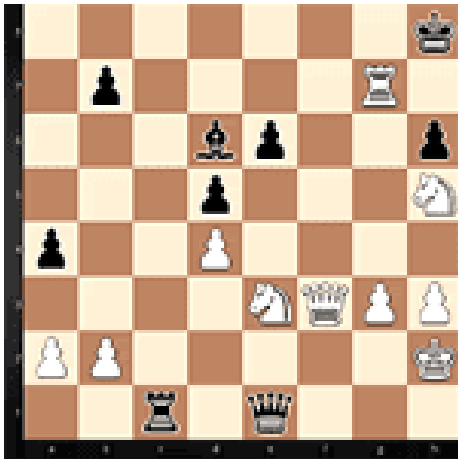
Brock House Chess Players

A warm welcome to several new players who have joined our group! Our games will continue in the **Meyer Room on Tuesdays and Thursdays from 1:00 to 3:00 p.m.**

Later in the month we plan for a "simul" with Stephen Wright who can play 8 or 9 games all at the same time.

Everyone is welcome to come and play or watch and learn or to share their experience.

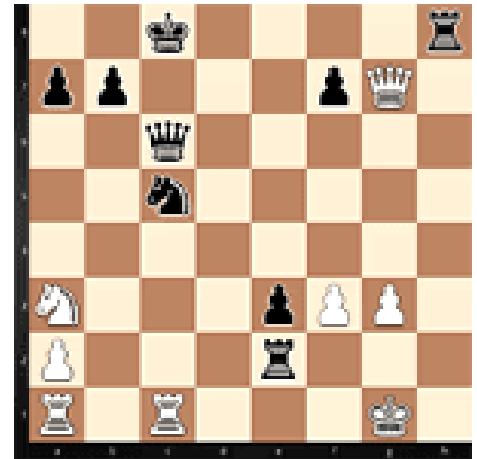
-Alejandro Ramirez, Convenor



White to move and win in 3



Black to move and win in 3



Note: As usual the chess group will discuss the results during chess sessions.



Brock House Restaurant

Restaurant Hours

Join us Thursday - Sunday Evenings
from 5:30 p.m. onwards

or on

Sundays between 11:00 a.m. - 2:00 p.m.
for Brunch

*****Private events may affect regular restaurant hours. Reservations required.*****

Brock House Member's Discount

30% off dinner for all Brock House Society Members

discount can **only be used at dinner**

Upcoming Events

Valentine's Day Dinner Special \$60.00 per person
Friday, February 14 from 5:30 p.m. onwards

Please visit our website to view all our Menus:

www.brockhouserestaurant.com

Reservations: 604-224-3317 or catering@brockhouserestaurant.com

****RESERVE YOUR TABLE NOW!****

Meet the Brockites

By
Lisa Smith

Have you ever wondered how much you have in common with your fellow members at Brock House? Each month in the Gallimaufry we will be randomly choosing a "Brockite" for a brief question and answer session touching on a variety of topics. It promises to be fun and interesting! Introducing this month's Brockite, our President:

Peter Phillips



Where were you born? **West Bromwich, an industrial town near Birmingham UK**

When did you join Brock House? **2013**

What do you enjoy participating in at Brock House? **Anything that helps us achieve our strategic goals as a non profit Society and when I have time, the Travel and Lecture Series.**

What was your profession? **I have had a couple of professions but the one that I enjoyed the most was as a Vocational Rehabilitation Counsellor prior to my retirement.**

What are your hobbies/interests? **Reading current affairs articles, writing, travelling, hiking, woodworking, pondering historical perspectives, and time with friends and family.**

What is your favourite food and drink? **I enjoy seafood pasta with wheat ale.**

What is your favourite colour? **Can't decide! all of the fall colours.**

What is your favourite movie or show? **Movie: Bridge on the River Kwai - TV show: Foyle's War.**

What is your favourite place on earth? **Volunteer Park on Point Grey Road Kits, where I can go and ponder volunteerism at BHS, along with the views...oh and for something different, also Bali Indonesia.**

What is your favourite way to relax? **To curl up on the couch with a glass of beer and a good read. Oh and many of the programs on the Knowledge Network.**

What kind of weather do you prefer? **Good hiking weather; cool, sunny and clear.**

Any pet peeves? **Yes! Some people's total disregard for the environment by disposing of rubbish along our beautiful hiking trails.**

If you could meet an individual from the past who and why? **Prince Albert because of his pivotal role in organising the first World's Fair in 1851, for his forward thinking and for the effect that he had on Victoria (and I don't mean her 9 children!).**

Have you had a paranormal experience? **Not really but I have had several coincidences of suddenly thinking of friends who I had not been in contact with for a while, only to arrive home and find a telephone or email message from that person waiting for me!**

Choose 3 words to describe yourself. **1) Considerate 2) Humorous 3) Hard Working**

Any advice for the youth of today? **Clearly identify your ideals, values and goals with regards to your interactions, when in the service of others and be steadfast in pursuing them.**

Birthdays by Bartholomew "Galileo"

Galileo had a theory
of which the church was leery.
He thought around the sun we went,
so to jail he was sent.

I have neglected so far to say,
he was born on February's fifteenth day.
The astronomer's birthplace was in Italy,
at a place called Pisa in Tuscany.

He developed the telescope a great deal,
so Jupiter's moons were made quite real.
That the moon is not quite smooth,
with his telescope he was able to prove.

Two spheres he dropped from Pisa's tower, I think.
They did arrive at the ground in sync,
despite the fact that one of them
was heavier than the other item.

He finished his days in Tuscany,
confined to his house where he did stay.
Despite being already blind,
new theories he was able to find.



Notes from the Brock House Jazz Band

The Jazz Band started off the New Year with a practice session in the Halpern Room January 9, followed by out-of-house practice sessions. Our first date in 2020 is February 20 at Kerrisdale Seniors Centre's regular Thursday afternoon dance, followed by a performance February 27 at Swedish Canadian care Home in Burnaby.

We are also preparing a program for

**Mardi Gras at Brock House
March 26.**

Watch for it, and come prepared to dance!

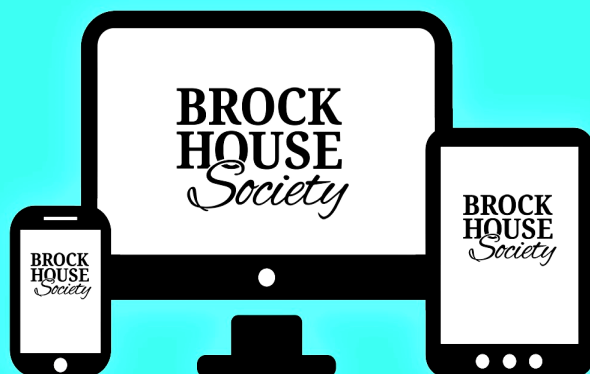
-Canby Martin

**You never realize how many shortcuts
your computer has until your cat sits
on the keyboard**



Computer Drop-In Every Monday, 1:00-3:00 in the Computer Room

David, John and Brian are available to assist any members with their computers, tablets or cell phones. They will also help with certain programs. Be sure to bring your questions to them every Monday during this drop-in class! On-going.



Inside Job

by Parker O'Brian

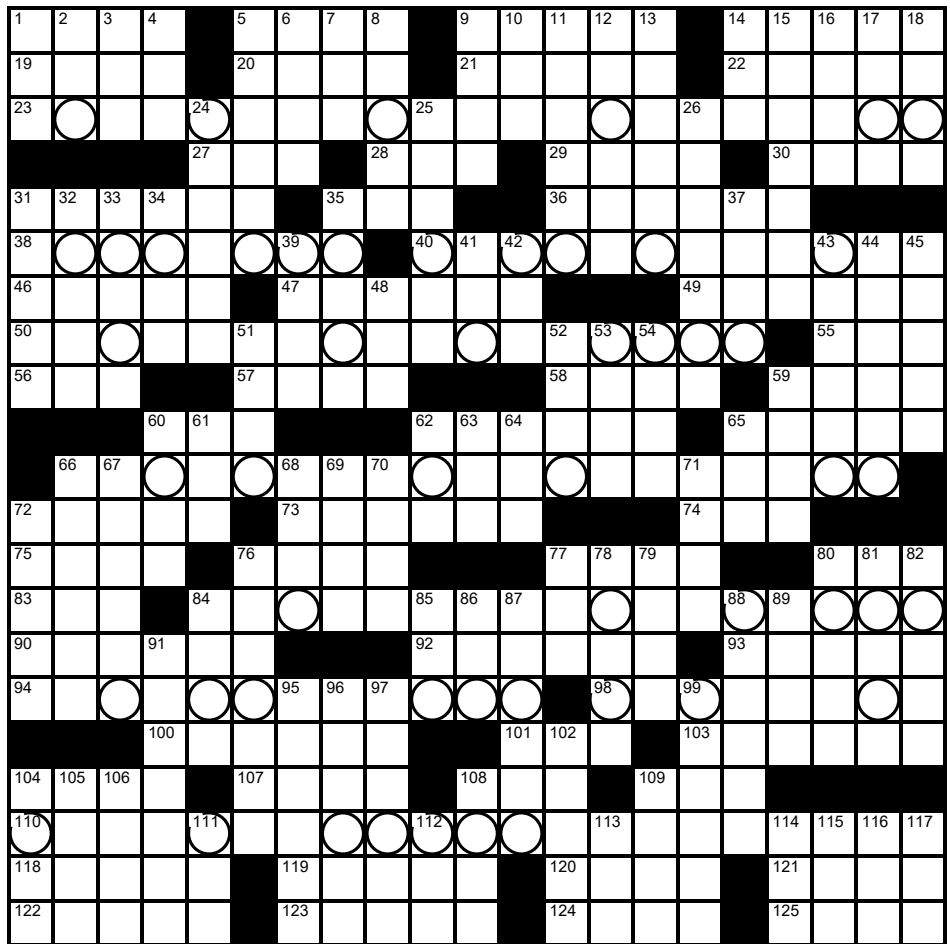
Across

1. "Frasier" physiotherapist, Daphne ____
5. Naval lookout
9. German beer brand
14. Signs of healing
19. One of TV's Simpsons
20. Walter Mosley detective, ____ Rawlins
21. Save the Tin Man again
22. Kind of lily
23. I'm the ____ but I'd rather be a ...
27. Explosive letters
28. "A Man Called ____", 2015 Swedish film nominated for Best Foreign Language Oscar
29. Birdbrain
30. Setting for "Field of Dreams"
31. Like farmland
35. Tire meas.
36. Early afternoon time
38. I'm a ____ but I'd rather be an ...
40. I'm a ____ but I'd rather be a ...
46. Desktop pictures
47. Fruit Loops mascot
49. Prefix meaning one and a half
50. I'm a ____ but I'd rather be a ...
55. The Trojans of the N.C.A.A.
56. Charlemagne's realm: Abbr.
57. Junction point
58. Unit of sweat
59. Suffix popularly used to denote a scandal
60. One of the oceans, abbr.
62. One of a buck's pair
65. Grandparent, often
66. I'm a ____ but I'd rather be a ...
72. Jazz style
73. Proviso
74. Eastern path
75. Piecrust ingredient
76. 100%

77. Envelope abbr.
80. Monogram of Sherlock Holmes creator
83. Nuptial agreement
84. I'm a ____ but I'd rather be a ...
90. Put in order
92. Bogey's "High ____"
93. Yale of Yale University
94. I'm an ____ but I'd rather be a ...
98. I'm a ____ but I'd rather be a ...
100. Tracking device
101. Pupil's place, abbr.
103. Type of shirt
104. Boat in "Jaws"
107. Neighbor of Tenn.
108. "Broken Arrow" director John
109. Ross' son on Friends
110. I'm a ____ but I'd rather be a ...
118. Swing wildly
119. Loose
120. Boston basketballer, for short
121. Brass component
122. "Who's Afraid of Virginia Woolf?" actor
123. High nest: Var.
124. Fashion lines
125. Minute amount

Down

1. Second degree, often
2. Bonehead
3. Dot follower
4. High degree
5. "Pride and Prejudice" family name
6. 1930s gangster portrayer, George
7. Equal: Prefix
8. Greek sandwiches
9. French cheese
10. Hosp. readout



11. South American vulture
12. Geisha wear
13. Contents of a PowerPoint presentation
14. High school subj.
15. Bullet coverings
16. Like some winds
17. Squandered
18. Mystery writer Paretsky
24. None too soon
25. Express
26. New
31. "Witness" roles for Haas and McGillis
32. Happen again
33. Pueblo brick
34. Containers
35. Pleased with oneself
37. Double hesitation
39. Film director Preminger
41. Fast no longer
42. One in Quebec
43. Correspond
44. Forcible removal from office
45. Less likely to offend
48. Sport ____ (all-purpose vehicle)

51. Victim of Pizarro
52. With skill
53. So-so grades
54. Zither's cousin
59. Monopoly directive " ____ jail"
60. Slog
61. Yodeler's perch
62. Blow away
63. Magic org.
64. Youngster
65. Forensic evidence
66. Muffle
67. Away from home, perhaps
68. Soviet ballistic missile
69. Part of ICU
70. ____ a barrel
71. ____ Reader
72. Russian dish served with sour cream
76. Baseball race
77. Itinerary abbr.
78. British flashlight
79. Winter Palace resident
80. ____ core
81. Great Lakes salmon
82. Lane where the Muffin Man lives

84. Phobia
85. Sorted from A to Z, abbr.
86. Make stuff up
87. VIP part
88. Sidewalk material
89. Pop and sing follower
91. Shakespeare's Queen of the Fairies
95. Charge
96. Like heavenly gates
97. Unpaid debt
99. Expels
102. Say in a particular way
104. Rubs out
105. Word with ground and slide
106. Outcropping
108. "Finnegans ____" (Joyce)
109. Soothing ointment
111. Laid up
112. III x CCCLXVII
113. Retainer
114. Israeli arm
115. Kia model
116. Tolkien creature
117. Company with a dog in its logo

Workshop News

The Workshop Never Sleeps!

Workshop convenor, **Bill Ramey**, very thoughtfully sent us these photos before leaving for places unknown. As many of you know, the woodworkers contribute to our major fundraisers. What you may not know is that they also make custom orders year-round. Bill will be back in town soon so if you have questions, please contact him: wramey@mail.ubc.ca - *Ed.*



Loom Assembly



Loom Lego



Stored Looms



Hastings Mill



Hastings Mill Plan

I happened to see the completed birdhouse when Lisa, the new owner, picked it up. It is a wonderful replica of the Old Hastings Mill Store Museum a project that is near and dear to Lisa's heart. She promised to send us photos of it in her backyard. -*Ed.*

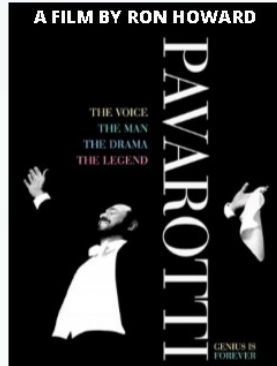


Cedar Chest



Cookie Jar

BROCK HOUSE *Society*



Friday Flicks

Start time: 1:00 p.m.

\$2.00 - Exact change please.

February 7

***Pavarotti* - DOCUMENTARY**

USA/UK - 2019 - 114 Minutes

An intimate portrayal of the life and work of opera legend Luciano Pavarotti.

February 14

The Old Man and the Gun

USA - 2018 - 93 Minutes

Criminal, Forrest Tucker, (Robert Redford) escapes from San Quentin at age seventy, and commits bank robberies that confound police and charm the public.

February 21

The Exception

UK/USA - 2016 - 107 Minutes

A German Captain is recruited as bodyguard to Kaiser Wilhelm II (Christopher Plummer) but also investigates the dethroned ruler's lack of loyalty.

February 28

Late Night

USA - 2019 - 102 Minutes

A late night talk show host (Emma Thompson) hires a female staff writer. Hilarious consequences ensue when the two are united by their love of a biting punchline.



**If You Joined Brock House Within the Past Two Years,
Join Us at Our
Tuesday, March 10, MEET'N GREET*.**



We all know how good it feels to be given a warm welcome when we start something new. With that in mind, the Membership Committee at Brock House is undertaking an initiative to make new members feel welcome and informed about the goings-on of Brock House, and to introduce you to other new members. Please join us at our upcoming informal Meet'n Greet on **Tuesday, March 10, 1:00 - 2:30 p.m., in the Art Room** where you'll be greeted with cookies, coffee/tea and some friendly folks.

Please contact Sheila Resels at sresels@gmail.com to register (as space is limited) or contact the office at 604-228-1461 for further information.

*Meet'n Greets are held every two months. They are small informal gatherings over a cuppa tea and cookies in the Art Room. Not to be confused with our New Member Receptions which occur three times/year in the Conservatory.

-Sheila Resels, Membership Committee

SIM card swap scam



Fraudsters are using SIM swapping and phone number porting to gain access to your email, social media and financial accounts. From there, they gain direct access to your personal information, calendar,

contacts, money, and then some. Fraudsters may empty your bank accounts, apply for credit in your good name, or impersonate you to defraud your entire contact list. In the meantime, you lose access to your mobile service, are typically locked out of all your accounts, and are left scrambling.

Here's how it works

Your SIM card connects your phone number and mobile service to your mobile device. You connect dozens of your accounts to your mobile device through the use of applications. Most application logins are linked to your email address, phone number or both (if you setup two-factor authentication).

A fraudster will impersonate you to gain access to your mobile account and may claim that their phone has been lost or stolen. Your phone number will be linked to a new SIM and device that the fraudster controls.

The fraudster then downloads a series of the most popular and most attractive applications. They will select the 'Forgot Password' button on all applications. If an account is associated to your phone number or email address, the fraudster will receive a verification code. They will then use this code to confirm ownership of the account, create their own password and takeover the accounts.

Warning Signs – How to Protect Yourself

Keep your personal information personal. It is as simple as not publishing your date of birth on social media.

Do not answer phishing emails or text messages looking for you to confirm your password or update your account information.

Use an offline password manager.

Contact your phone provider and ask about additional security measures that may be available.

If you lose mobile service on your device, contact your service provider immediately.

Canadian Anti-Fraud Centre,
Government of Canada



The Cafeteria needs volunteers

for

**Thursday 11:00 a.m. - 1:00 p.m.
Monday alternates 11:00 a.m. - 1:00 p.m.
And also for afternoons 1:00 - 3:00 p.m.**

**Please contact me at:
pollyspurr@icloud.com**

-Polly Spurr



Greetings from the Brock House/ Kerrisdale Choir.

The choir worked like mad - hampered by a glorious holiday break and one memorable day by snow and sleet - to prepare for our concert January 26, only a few days before this news-letter came out. We hope you came to the concert and enjoyed it as much as we enjoyed performing for you!

-Judy Ashton



Chicago Bridge and Spring Luncheon

The Chicago Bridge Lunch has been a popular event in the Brock House bridge world for many years and this year's Spring event is on

**Friday, May 29, 10:00 a.m.
(registration at 9:45 a.m.)
in the Begg Room**

**Sign-up begins on
Thursday, March 19
online or through the office.**

You must sign up with a partner and everyone must be a Brock House member. We will take sign-ups until we have the maximum of 10 tables.

*Please be sure you can complete four
hands in 30 minutes or less
and at least one in your partnership
knows how to score.
Thanks for your consideration.*

The day will include:
One of Kaz' wonderful lunches, prizes,
and spending an enjoyable day with
other Brock House bridge players
All for only \$20.00.

**Looking forward to seeing
40 keen players on May 29!**

-Wendy Hanington, Convenor

Brock House Milestones

Our condolences to
the families and friends of
Judith Tora-Anderson



Guest Lecturer Parking

The parking spot next to the enclosed
garbage area is reserved for guest lecturers
during Brock House Society business hours.
A complimentary spot is one of the small
things that we're able to offer speakers.
Please help us keep it free for them.

Thank you.

-Joanne Enns, Administrator

To receive *The Gallimaufry* each month

By email, please write to:
brockhouse@telus.net

You can also view it on our website:
brockhousesociety.com
by using the "Newsletters" link on the
lower right of the homepage.

If you'd like to submit an article or creative
content, please contact me at

BrockHouseGallimaufry@gmail.com

-BevAnn Lister Dean, Editor

**BROCK
HOUSE**
Society



Harrison Hot Springs Bridge Tour 2020

April 28th, 29th & 30th

This annual event is an enjoyable three
days of duplicate and Chicago bridge,
prizes, fine dining, and use of hotel
amenities. Price include two dinners,
two buffet breakfasts, two nights' accom-
modation, bus transport to and from
Brock House, and lessons by Ed L'Heureux.

\$505 per person
single room occupancy

\$365 per person
double room occupancy

You do not have to be a Brock House Society member
to participate.

Brock House members' registration:

Monday, February 10th to Tuesday, March 10th

Non-members may register:

Monday, February 17th to Tuesday, March 10th

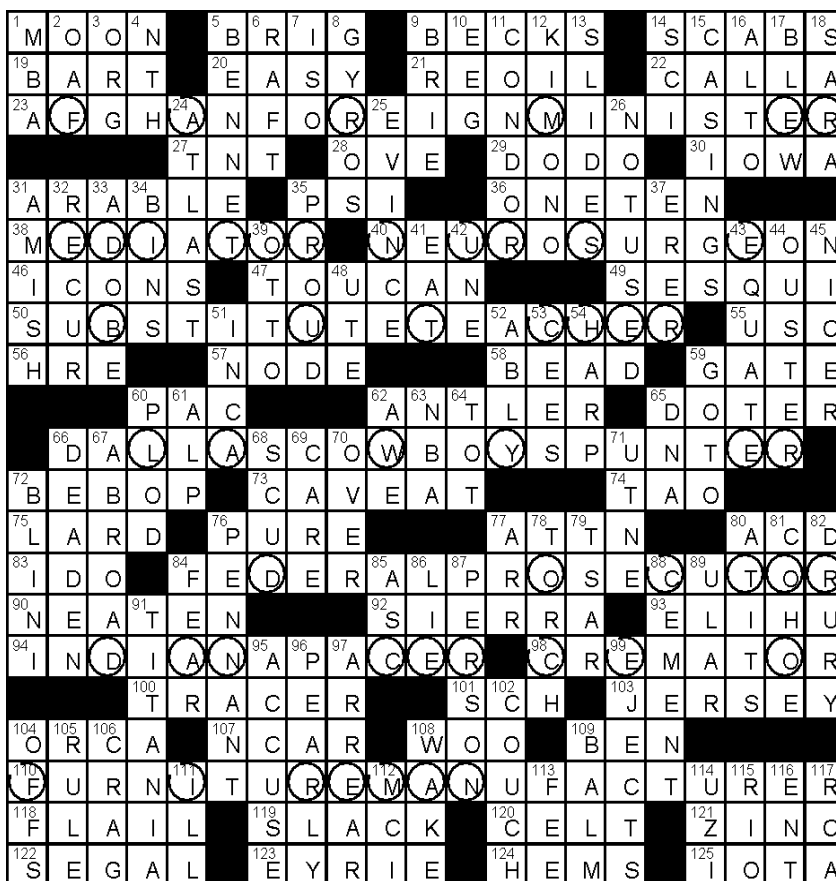
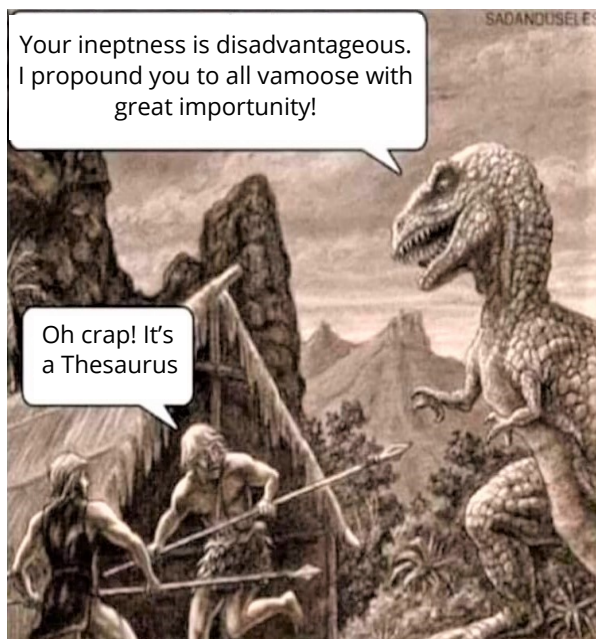
****No refunds after March 31st****

Full payment required at time of registration.

Please register by phone at 604-228-1461, online at
www.brockhousesociety.com or in person at 3875 Point
Grey Road, Vancouver, BC on the 3rd floor office.

Inside Job

by
Parker O'Brian
Puzzle answers



Special Events at a Glance

Monday, February 17	Brock House closed: Family Day
Tuesday, March 3	Halpern Perf. Arts: Daddio & the Gran Koolios
Wednesday, March 25	Annual General Meeting
Thursday, March 26	Mardi Gras with the Brock House Jazz Band
Friday, March 27	Fraser River Discovery Tour
Tuesday, April 28 - Thursday, April 30	Harrison Hot Springs Bridge Tour
Friday, May 29	Chicago Bridge & Spring Luncheon
Saturday, July 11	Summer Fair

Brock House Society
Annual General Meeting
 Wednesday, March 25th
 @ 1:00pm in the Conservatory

LUNCH MENU
 Brock House Society
FEBRUARY 2020

Halpern Performing Art Event:
Daddio & the Gran Kolios
 Tuesday, March 3rd @ 1:45pm
 \$8 Members and \$10 Member guests

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
3 Minestrone Spaghetti Bolognese Rapini & Salad	4 Spinach Soup Smoked Salmon Phyllo Rice Pilaf & Salad	5 Wonton Soup Chicken Chow Mein Vegetable Stir Fry Rice	6 Shrimp Chowder Seafood Lasagna Peas & Salad	7 Carrot Ginger Soup Fish & Chips
10 Yellow Pea Soup Tourtiere Mix Vegetables Salad	11 Lentil Soup Eggplant Parmigiana Polenta Salad	12 Squash Soup Shrimp Gumbo Okra Salad	13 Lemon Chicken Spanakopita Roasted Potatoes Salad	14 Italian Wedding Soup Fish & Chips
17 Corn Chowder Beef Chili Roasted Potatoes Salad	18 Fish Chowder Seafood Crepe Rice Pilaf Salad	19 Cream of Spinach Butter Chicken Basmati Rice Peas & Salad	20 Moroccan Bean Soup Chicken Pastilla Couscous Salad	21 Green Pea Soup Fish & Chips
24 Napa Cabbage Soup Teriyaki Chicken Legs Carrots & Rice	25 Seafood Chowder Salmon Croquette Peas & Salad	26 Red Cabbage Soup Pork Stew Mash Potato Salad	27 Vegetable Soup Chicken Crepe Roasted Potato Salad	28 Wonton Soup Fish & Chips

THE CAFETERIA DOES NOT CARRY LARGE AMOUNTS OF CHANGE. PLEASE DO NOT PRESENT LARGE BILLS IN PAYMENT FOR YOUR MEAL.
 Cafeteria is open from 9:00 a.m. to 3:30 p.m. - Lunches are served from 11:30 a.m. - 1:00 p.m.