BROCK HOUSE Society

May 2017 / 25 cents

Helen Hansen

in concert at Brock House Society



Tuesday, May 9, 2017

Helen Hansen, vocals Bill Coon, guitar Miles Black, piano Rene Worst, bass Joe Poole, drums

Fundraising event for the Society All are welcomed.

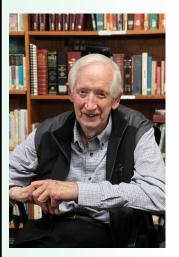
Time: 1:30 p.m. Tickets \$20.00 purchase online at www.brockhousesociety.com or in person at the office

The Gallimaufry

A Brock House Society Publication

The Brock House Society proudly presents
The 3rd Annual

Dr. Richard Stace-Smith Lecture



Wednesday, May 3 1:30 p.m. in the Marquee

Tickets \$5.00 per person, members & guests Available through the office or on-line Light refreshments will be served following the lecture

KEYNOTE ADDRESS

"Lotus Land Chronicles: Anxieties of Our New Age"

By Dr. Larry Beasley



Dr. Beasley, one of the most sought-after speakers in Vancouver, is the retired Co-Director of Planning for the City of Vancouver. He is now the "Distinguished Practice" Professor at UBC, and as well writes and advised on urbanism around the world. He is a Member of the Order of Canada and has received the Queen Elizabeth II Diamond Jubilee Medal.









From the President's Pen

It's been another busy month and I'm sure you've been hearing the buzz about the **unveiling of our new website**. **Starting May 15**, when you go to BrockHouseSociety.com, you'll see a lovely a vastly improved home page. Take a while to familiarize yourself with it and more from the perspective of a non-member. When you're ready, log-in (instructions will come to you in an email) and explore as a member.

For our generation, a change in the way we use technology may not always be as exciting as it is for the younger folk. I can assure, though, Laurie Wilmot (Information Systems) and Michael Le Bas (Marketing, including internal communications) have given that considerable thought. The potential is significant and it will take all of us time to tap it.

Volunteers are already using the new platform and Michael is preparing detailed information for everyone including the how-tos and many benefits of this management system. You can get support from the office, your fellow members and even ClubExpress. You'll see a small "contact us" at the bottom of each page. (Or, Home>About>Contact Us).

Thank you Laurie for your no fuss, can-do attitude and clarity. Thank you Michael for supporting Laurie and for overseeing our branding project that will ensure drawing-power and consistency. Thank you to Deborah Bush for an untold amount of behind-the-scenes work. Thank you Sophie for your seemingly tireless efforts to make this enterprise a reality. Thank you Vera for supporting us all everyday in a myriad of ways.



Susan Arnott
Cody Bernett
Stella Burgi
Brenda Forrest
Douglas Forrest
Kayoko Hayashi
Dorothea Letkeman
Jane Parker
Julia Peter
Barbara Sales
Betty Taylor

Speaking of new and wonderful, I know that many of you have already welcomed Richard Woodruff. For those of you who don't know him, he's the energetic and friendly gentleman who will whisk away your dirty plates the next time you have lunch in the Conservatory, and he assists Kaz.

Did Someone say Summer Fair!? Yes we did, July 8 is the day and for those of you who may not know, it's a big deal in our community. You may contribute by donating, volunteering, spreading the word, and attending. Please do! Need info? Please contact the office.

By the way, if you haven't seen or heard the remarkable jazz singer, Ms. Helen Hansen, before - May 9 is your golden opportunity (see cover page). Ask any of us who know her work. We'll rave about it.

See you around the House!

BevAnn Lister Dean, President

Writing Jam

Are you interested in reading your work to an audience?

Poetry and prose are welcome. Six-minutes maximum reading time.

The place is the Halpern Room on Tuesday, May 30 at 1:00 p.m.

There is an envelope in the office with slips to enter your name, email address and indication of the poetry or prose you will read. You can also email the information to the Society:

reception@BrockHouseSociety.com

Please put "Writing Jam" in the subject line.

-Gerri Patriquin-McKee



Brock House Society en Blanc

Be sure to save the date for the Brock House Society en Blanc Cocktail Reception

Tuesday June 20 - 5:00 p.m. - 7:00 p.m.

Come and enjoy a summer evening in Vancouver in our most beautiful location. Sip a cocktail, have tasty appetizers and mix and mingle in the marquee. View a selection of paintings and listen to some relaxing music.

More details and price to follow.

Dress Code: White!

-Patricia Brady, Director, Events



Celebrating the Music We Loved

1:30 - 3:30 In the Tent \$3:00 members \$5:00 guests

Do you like to dance, sing or clap along to music? Take a fun stroll down memory lane, remember what you were doing 50 years ago when Canada was a mere 100.

Thursday, June 1st The Brock House Jazz Band

Come prepared to dance or sway along, seated or standing, to their toe-tapping music.

Tuesday, June 13th Your Music

Come on down with your CDs for a full two hours of moving to music we remembered fondly from the 40's, 50's, 60's & 70's.

The Esther Birney Literature Series

Most Acclaimed Canadian Authors

During the Month of June

We would like you to help with the creation of a portion of the fall Esther Birney Literature Lecture Series. Here's how:

WHO: Is your favourite Canadian Author?

WHAT: Is your favourite work of fictional Canadian

prose?

WHICH: Books will make the top 4?

To enter, write your full name and list your four favourite book titles with the author's name on a slip of paper. Deposit the slip into the Can-Lit jar situated in the Brock House Library during the month of June. We will make every effort to have the four top-ranked books discussed with a professor of literature as a moderator, during the fall session of the Esther Birney Series.

















Posters: Dave Grimble

Brock House Jazz Band

MARQ

The Jazz Band will be playing for dancers and listeners at the **Kerris-dale Seniors' Centre on Thursday May 4** at 1:30 p.m.; and in the tent at

Brock House on Thursday June 1, at 1:30 p.m.

Come dance with us – our style of mostly 1920's and 1930's catchy and upbeat music will get your toes tapping, hands clapping, singing along with Lorraine Foster on some old favourites, and guaranteed to make you want to dance.

We hope to see you there.

Brock House Society

and The Halpern Committee for the Performing Arts

Present

The Historical Performance Ensemble



Thursday, May 25

1:45 to 3:15

In the Conservatory

The Ensemble will primarily address the Baroque era, and the specific decades of Louis XIV's reign (1645 - 1715). The dances, music and garments we will present are from both England and France, from their courts and from their theatres. Our emphasis is on historical accuracy as much as we can afford, and our passion for it leads to interesting performances.

Tickets: \$8/members \$10/guests

Available online or through the Brock House office



The Artist's Group

The Artist's Group welcomes the following donations for the Summer Fair:

Framed art, posters and photographs and prints suitable for resale Fabric Art Gently used clean frames New art supplies Unused drawing pads, art paper and canvases

We cannot use:

Broken or damaged frames Anything containing broken glass Your old family photos or albums

- Gillian Olson, Convenor







The White Elephant

We white elephants remind you your spring cleaning is overdue! Don't forget to set aside All that stuff you'd like to hide. Save old treasures from the bin Pack them up and bring them in. Gizmos, widgets, doodads too Slightly old or good as new **Brock House will greatly gain** From donations mad and sane! The month of June is target date July will surely be too late. Thank you

> Lord Brockhurst and Lady Broccoli Elephant

San Juan Islands-Friday Harbor Tour



Tuesday May 23

\$139 per person



Members Guests

Purchase online: www.brockhousesociety.com through the Brock House office

Bursting with beauty, elegance, and old-time charm, Friday Harbor is best known for its maritime living, shopping, elegant dining and wildlife. Experience firsthand the most stunning and diverse landscapes that will leave you feeling breathless, relaxed, and content. Visit Lime Kiln Point State Park, one of the best places in the world to whale watch from the shore, with Minke whales, orcas, porpoises, seals, sea lions and otters cruising the shoreline. The Lighthouse, built in 1919, is a center for ongoing orca research and still serves as a navigational beacon for ships in the Haro Strait. This tour includes a guided Lighthouse tour, lunch at the Cask and Schooner in Friday Harbour and free time in Roche Harbor for great walks and shops.

PACKAGE **INCLUDES: WSDOT** Ferry Fees, Lime Kiln Point State Park Lighthouse tour, shoreline whale watching, lunch at the Cask and Schooner, Friday Harbor free time, Roche Harbor free time, all fees and taxes.

Depart from **Brock House** at 6:00 a.m.

Return to **Brock House** at 8:15 p.m.

Valid passport or enhanced drivers license *or* Nexus pass or enhanced **BCID** required.

Poster by Vera

Sailing Alone Around the World by Joshua Slocum

You'd like Joshua Slocum even if, like me, you don't know a poop deck from a head.

He was born in Nova Scotia of a seafaring family, and 16 years old when "life found me before the mast in a full-rigged ship, thus I came 'over the bow' and not in through the cabin windows, in 1895, to the command of a ship".

51 years old and wondering what to do with the rest of his life, he was given a decaying oyster boat almost as a joke, and promptly began rebuilding the sloop from the timbers up with a little help from his friends, renaming the vessel *Spray*. The details of the renaissance get a bit tedious, but he ended up with a boat thirty-six feet, nine inches long and fourteen feet, two inches wide - not as big as his last ownership, judged the "finest American sailing vessel afloat, but the *Spray* apparently sat on water like a swan: Slocum was on his way, returning three years and two months later, having sailed 46,000 miles around the world. One gathers he wasn't much of a family man.

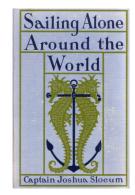
It must have been lonely at times - near Samoa he mentions in the log he kept daily that "being in a bleak land is no place to enjoy solitude", and in several areas he was stalked by natives, always referred to as savages, who often seemed to presage violent storms called williwaws, at times lasting some 30 hours. Then again, he sometimes dropped anchor in water 30 feet deep, a brilliant clear blue all the way down. He had a legitimate fear of "savages", who actually were small-scale pirates, not known for tossing out the welcome mat unless an unhappy sailor was in it. At times

Slocum changed his clothing three times in rapid succession in a successful attempt to fool the pirates that there was more than one man on board: at one point a friend gave him a box of tacks and told him to scatter them on the deck at night, the shoeless brigands "howled like banshees".

Slocum's voyage was really a small miracle, and his book describing the voyage has never been out of print: there are societies scattered around the world that keep his memory alive today. He met sailors and governors, Stanley of Livingstone fame, and Robert Louis Stevenson's widow. He died as he lived, sailing alone somewhere in the West Indies, where he was run over by a steamer.

Or so they say.

-Thelma Dickman



Original Cover 1900

Food Services

New Members!



An opportunity to get your feet wet in volunteering at Brock House Society will be coming up on July 8 at our Summer Fair! Many different jobs will be available, but Food Services require at least 35 volunteers. It's only a 2-hour stint, and when you are finished, you can meet someone for lunch or resume shopping at the different centres. It's a fun day!

Food services is always looking for volunteers for our On-Call list. As members go on holiday or become ill, we need substitutes to take over. This is an easy way to get into the flow of activities at Brock House Society.

-Diane Kika, Chair, Foodservices Committee



Rear: Nicole Ballantyne, Grace Lau, Doug Rogerson, Jack Fowler, Judie Davis Second Row: Joanne Allen, Sylvia MacDonald, Merva Cottle, Karen Vail, Gordon Harris, Peter Scott Front Row: BevAnn Lister Dean, Ann Howe, Caroline Mervyn, Effie Auchinleck, Jean McLeod, Lorraine Douglass

On April 28 the Society, represented by Peter Scott, Director for Volunteer Services, Peter Phillips, Director for Membership and BevAnn Lister Dean, President, fêted its volunteers and recognized the long-serving ones, some of whom are in the photo above. Whether you've been volunteering for a day or decades, thank you very much. We couldn't do it without you and we wouldn't want to. Together we make Brock House Society the wonderful place that it is.

-Editor



Pemberton Valley Strawberry Tour

Monday, June 5 \$109 Members & Guests Leave Brock House 8:15 a.m. Return 6:00 p.m.



It's that special time of the year...strawberry picking time! The Pemberton Valley, population 2400 with one set of traffic lights, is home to the best strawberry fields in B.C. The local strawberry picking season generally lasts less than a month so take this opportunity to visit Camel's Back Harvest for their lush u-pick strawberry fields (cooler available on the bus). Take a guided tour at North Arm Farms, a 60-acre organic, family-owned farm with u-pick strawberry fields and a bakery featuring fresh pies, artisan breads and handcrafted sweets. This tour includes a take-home bag of fresh strawberries, a special strawberry field picnic lunch at North Arm Farms and sightseeing throughout the scenic Pemberton Valley.

<u>PACKAGE INCLUDES:</u> North Arm Farms tour, Camel's Back Harvest, take-home bag of fresh strawberries, strawberry field picnic lunch, U-pick strawberry fields, all fees and taxes.

Purchase online: www.brockhousesociety.com or through the Brock House office



Poster by Vera

Yarn and Needle Crafts





The Yarn and Needle Crafts group are always in need of donations of whole balls of good new yarn to make projects to sell at the Summer and Christmas Fairs. Batches of several balls of the same yarn are especially useful in order to make larger projects. We would also be very pleased to receive donations of new handmade items from Brock House members who sew, knit, crochet, embroider, weave, quilt, etc. to sell at the Summer Fair. Please bring donations to the Meyer Room on Mondays between 9:30 and 11:30, or leave at the Office. Thank you.

> -Dorothy Simons and Carol Jackson, Convenors



The Program Committee invites Brock House members to participate in a Canada Lit Read-a-thon from April 1st to August 1st. Here's how:

Read any book by a Canadian author. On a slip of paper, write the title of the book, the author and a 5 to 7 word review. Put the slip in the box on the Greeter's desk. The slips will be collected regularly, and in August the person with the most book reviews will receive a gift card to purchase a book.

READING CANADIAN LITERATURE PROGRAM

The Brock House Orchestra

The orchestra is enjoying our usual busy spring, following a successful February playout at Kerrisdale Seniors Centre. On April 21, we played at St. Vincent's Langara, and we look forward to playing May 8 at Southview Terrace. Plans are also in the works for a June playout jointly with the Elgar Strings, again at Kerrisdale Seniors Centre. We are so glad that Jeffrey Tseng is available to conduct us.

Recently we welcomed Steve Potter, clarinet, to our orchestra, and we are happily bursting at the seems in the Begg room, where we will nevertheless welcome musically minded newcomers with their instruments. Look for us most Wednesday mornings at 10:00 a.m. in the above mentioned room, where we practice until noon, including a nice coffee break.

-Ann Foster





Brock House Cycling Group

Time to pump up the tires and get our weekly ride going again.

Usually once a week, several members meet to go cycling together. We sometimes begin at Brock, more often from another location. Rides are typically Tuesday or Wednesday morning. The destination is often a lunch location.

Rides are mostly 25K with only a few hundred feet vertical. Brock House to Coal Harbour via Lost Lagoon is one of our popular rides. Another is the West Richmond Dyke to Steveston starting at the Olympic Oval.

Our style of riding is weather dependent. In order to maintain flexibility in all aspects, primary communication of planned rides is by e-mail to those members who have expressed an interest. When the expressed an interest. When the timing is right, we also post rides in the Weekly Update.

To join the e-mail list please e-mail the Convener, Frank Jameson, at

Frankl21@hotmail.com

Brock House/Kerrisdale Choir

A Toast to Canada!





Saturday, May 27th at 3pm Marpole United Church 1296 67th Ave at Hudson St, Vancouver

Tickets \$10 - children under 12 Free

Baubles, Bangles and Beads!



Hello Brock House Members.

The jewelry booth is one of the most popular destinations at the fair thanks to your donations. We wouldn't be successful without your generosity.

Please leave anything you can part with at the Brock House Society office.

Thank you

-Ann McCarthy & Patricia Peters, Convenors

Regulators cast critical eye on Canadian travel insurance industry

Many travel insurance policies are sold in Canada without proper medical questionnaires and with dozens of pages of complicated jargon, potentially leaving policy holders with no coverage, according to an insurance regulators' issues report obtained by Postmedia News.

"Current practices do not appear to meet this objective (of providing enough information for consumers to make an informed choice about policies) and, as such, do not treat customers fairly," states the issues report prepared by a working group of the Canadian Council of Insurance Regulators, which includes B.C.'s Financial Institutions Commission.

Based on this report, the group is preparing recommendations for Canadian travel insurance providers to clean up their industry after finding cases of what could be unfair practices.

Chris Carter, deputy superintendent of supervision at FICOM, told Postmedia News in an emailed response that "FICOM is actively working with other regulators in Canada to address consumer concerns about travel insurance products sold locally and nationally."

The working group's recommendations, if approved, would affect travel insurance sold for out-of-country travel in B.C. and across Canada.

The issues report listed a string of problems with travel insurance, including that 95 per cent of applicants were being automatically approved for policies without the insurer determining whether their medical conditions would exclude any eventual claim.

"The working group considers this to be an exceedingly high automatic acceptance rate and is surprised so few applicants have to undergo medical examinations during the underwriting process," unlike with applicants for health and life insurance. The automatic acceptance, "may give a false sense of security among consumers or create unrealistic expectations," the report stated.

That would leave the consumer, who the report noted is often in a rush to get a policy before a trip, to choose the coverage and to determine whether they had a pre-existing medical condition. They would be left to read through lengthy policies with "medical questions that are too complicated for even medical experts to understand," the report said.

Also, the premiums are based on the duration and value of the trip and the applicant's age, rather than their medical condition, the report noted.

One of the examples the paper gave was of a young, healthy man who answered no when asked if he had a prior medical condition. But two months before taking out the policy, he had gone to his doctor complaining of pressure in his chest. His doctor performed tests and concluded it was likely due to stress.

The man was denied coverage for a bike accident on his trip because under the terms of his contract, he should have answered yes. His insurer ruled that he wasn't eligible for the insurance in the first place because he had answered the question improperly.

Another example the report cited was a woman who was offered a choice of 15 different plans, with disclosure documents that ran 85 pages.

"The working group observed that the documents are often too difficult for the average consumer to read and understand," the report said. "Insurers should carry out a diligent review of their (travel insurance) products to ensure they're providing proper coverage to consumers."

Carter said that regulators are also considering recommendations to ensure the travel insurance industry discloses to consumers the internal process for making a complaint about a claim and to ensure that unhappy consumers can take their case to an ombudsperson or FICOM.

The recommendations are also expected to address "potential issues with product design, marketing and sales, involvement of third-party service providers, claims management, complaints, education and data collection," according to the report.

Consumers can contact FICOM with complaints about travel insurance before the recommendations are drafted. They are expected later this year, said Carter.

Susan Lazaruk Vancouver Sun, March 17, 2017

-Thanks to Judy Davis

Travel Plans

I have been in many places, but I've never been in Kahoots. Apparently, you can't go alone. You have to be in Kahoots with someone.

I've also never been in Cognito. I hear no one recognizes you there.

I have, however, been in Sane. They don't have an airport; you have to be driven there. I have made several trips there, thanks to my children, friends, family, and work.

I would like to go to Conclusions, but you have to jump, and I'm not too much on physical activity anymore.

I have also been in Doubt. That is a sad place to go, and I try not to visit there too often.

I've been in Flexible, but only when it was very important to stand firm.

Sometimes I'm in Capable, and I go there more often as I'm getting older.

One of my favorite places to be is in Suspense! It really gets the adrenalin flowing and pumps up the old heart! At my age I need all the stimuli I can get!

I may have been in Continent, but I don't remember what country I was in. It's an age thing. They tell me it is very wet and damp there.

PLEASE DO YOUR PART!

You can do your bit by remembering to give this to at least one unstable person. My job is done!

Life is too short for negative drama and petty things. So laugh insanely, love truly and I hope everyone is happy in your head - we're all doing pretty well in mine!

-Thanks to Judy Davis

Membership Fee

If you know someone who receives the Guaranteed Income Supplement and would like to become a member or renew, please tell them that they may be eligible for a 50% reduction of our membership fee.

See our Administrator, Sophie, for details.

Agamemnon by Ken McTaggert

We traveled south, past drab Mycenae's hill,

And through a grove of dusty olive trees.

"Stop the car now!" she screamed, and on the verge

She tore off all her clothes. My fantasies

Of roadside passion quickly died, "Bedbugs"

She sobbed, and turned her red-flecked flank to me.

"Take all my clothes, examine hem and seam,

Then beat them hard against that olive tree."

Back in the car, I said "Consider this:

Although bedbug bites bring one little joy,

An ancestor of your bed-guests fed on

Agamemnon as he set out for Troy."

Silence rewarded my attempt to cheer,

Not a word 'til Tiryns' ruins were near.

Brock House Society Milestones

Our condolences to the family and friends of:

Irene Mottley (May 19, 1932 to February 28, 2017) and

Diane Walley, (October 2, 1931 - March 18, 2017).

Please submit "Milestones" notices or memories to:

BrockHouseGallimaufry@gmail.com or *The Gallimaufry* mail tray in the Office.

-Editor







Vancouver Public Library

May is VPL Month at Brock House Join us for this four-part series

VPL: What's New for You!

May 10 PART 1: INTRODUCTION

An overview of what's new for you at your library A PowerPoint presentation and discussion

- May 17 PART 2: VPL's DIGITAL RESOURCES FOR LEARNING
 Online newspapers and magazines, medical, financial and
 consumer information, plus other lifelong learning tools
 A presentation and hands-on workshop using VPL iPads
- May 24 PART 3: VPL's DIGITAL RESOURCES FOR LEISURE
 Online movies, music, theatre, opera, dance, eBooks,
 downloadable audiobooks, and more
 A presentation and hands-on workshop using VPL iPads
- May 31 PART 4: VPL's ACCESSIBLE SERVICES
 For those with, or helping those with, a print disability or requiring home delivery service
 A presentation and discussion



FREE. Please arrive early. Seating is limited. A limited number of VPL iPads will be available for sharing during the workshops on May 17 and May 24. If you have a portable device, please bring it to these two workshops. Be sure to bring your Vancouver Public Library card and Personal Identification Number (PIN). If you don't have a VPL card, please bring two pieces of ID and a card will be created for you.

Wednesdays, 1:00 - 3:00 p.m. | Halpern Room

Brock House Chess Club

Many thanks to all who came to play a friendly match with the Bonsor Seniors' Chess Club. The score was 8.5 to 3.5 in their favour. As ever, it was a good experience for our team and a chance to meet more chess players and learn.

Special welcome to the new members of the Brock House Chess Club: Bob, Mitra and Augusto.

The next chess lesson is planned for May 11 at 1:00 p.m. in the Meyer room at Brock House.

Brock House chess players meet every Tuesday and Thursday in the Meyer Room from 1:00 p.m. to 3:00 p.m. All are welcome to come and play or learn and watch or share their experience.

-Alex Ramirez, Convenor

White to play mate in 3



White to play mate in 3



Workshop News

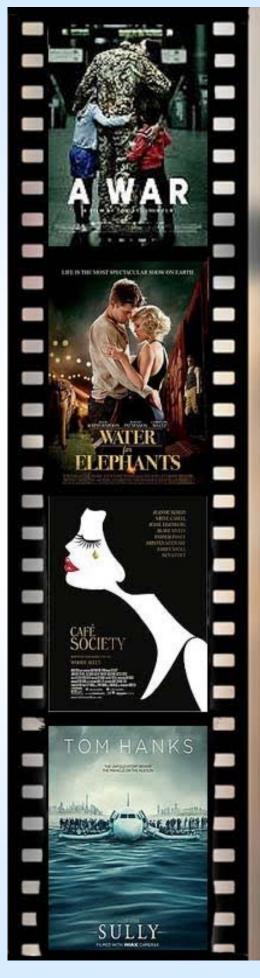
The skilled woodworkers in the Brock House work shop craft a variety of new and novel products from a variety of interesting wood. Despite this interest in unique work, many of the workers will assist Brock House members that need to have boards cut or shaped for personal projects in their homes such as shelves or picture frames, drill holes in ceramic plates to make clock faces or even cut slots in the lids to make piggy banks from jars. They have also undertaken repairs of family treasures and children's toys. For example, Allan was recently asked to mend the broken wooden axel holding the wheel on a child wooden push cart. To eliminate future problems and children's frustration he replaced all of the weak dowels with strong bolts. In addition, he has rebuilt

wobbly chairs that were broken when people tripped over them or sat down too hard. He has also tightened legs on small tables and rebuilt sagging dresser drawers. Other workers have lengthened worn down canes, refinished tables and repaired jewelry boxes. If your favorite heirloom chairs or tables are getting a bit wobbly or your children's favorite wooden toys could benefit from custom repairs, and you want us to consider taking on the project please contact the Workshop Coordinator at the Brock House workshop Thursday morning on or e-mail with "Brock House wramey@interchange.ubc.ca Projects" in the subject line.

-Bill Ramey, Chair, Workshop Committee









A WAR (Subtitles) May. 5th 115 min. DENMARK 2015

A Danish commander (Pilou Asbaek) faces a courtroom trial after a judgement call leads to the death of 11 civilians during the war in Afghanistan.

WATER for ELEPHANTS May.12th 120 min USA 2011

Set in the 1930s, a former veterinary student takes a job in a traveling circus and falls in love with the ringmaster's wife.

CAFE SOCIETY

May. 19th 96 min. USA 2016

In the 1930s, A Bronx native moves to Hollywood and falls in love with a young woman who is seeing a married man.

SULLY

May. 26th 105 min. USA 2016

True story of the American pilot who became a hero after landing his damaged plane on the Hudson River in order to save the flight's passengers and crew.

1:00 PM START \$ 2.00

EXACT CHANGE PLEASE

Events at a glance

Wednesday, May 3	Dr. Richard Stace-Smith Lecture
Tuesday, May 9	Helen Hansen in Concert
House closed Monday, May 22	Victoria Day
Tuesday, May 23	San Juan Islands - Harbour Tour
Thursday, May 25	The Historical Performance Ensemble
Saturday, May 27	Brock House/Kerrisdale Choir @ Marpole United
Monday, June 5	Pemberton Valley Strawberry Tour
Tuesday, June 13	Celebrating the Music We Love
Tuesday, June 20	Brock House Society en Blanc
Saturday, July 8	Brock House Society Summer Fair

How do I use the defibrillator?

Members regularly ask about our Automated External Defibrillator (AED - which is located on the main floor in the hallway leading to the east exit). If you would like to learn how to use it, go to **youtube.com** and type "Philips AED Training Video" in the search bar at the top of the page. You may be surprised by how easy it is.



BrockHouseGallimaufry@gmail.com

Are you a writer looking for an audience for your work?
If so, The Gallimaufry would love to hear from you.
Brock House Sopcietymembers' pieces are featured regularly.
Send your short story, essay or poem to
BrockHouseGallimaufry@gmail.com
Please submit it in Microsoft Word or similar,
between 500 and 1800 words.
If submitting a photo, a 'jpeg' is preferred.

The deadline for the June issue of *The Gallimaufry* is May 22.

-BevAnn Lister Dean, Editor

Dr. Richard Stace-Smith Lecture Wednesday, May 3 1:30 p.m.

LUNCH MENU Brock House Society MAY 2017

Helen Hansen in Concert Tuesday, May 9 1:00 to 3:15 p.m.

THURSDAYS FRIDAYS	Shrimp Chowder Salmon Croquettes Fish & Chips Salad	oup Turkish Bean Soup Carrot Ginger Soup Rice Pilaf Salad	Ped Cabbage Soup Vegetable Cabbage Rolls Potato Latkes Salad	Minestrone Soup Spinach Cannelloni Rapini Salad	- \
WEDNESDAYS	3 Green Pea Soup Ham & Pineapple Pizza Spinach Salad	10 Cream of Spinach Soup Seafood Curry Basmati Rice Salad	17 Leek & Fennel Soup Salmon Crepes Potatoes Gratin Salad	24 Texas Bean Soup Beef Chili Roast Potatoes Coleslaw	31 Won Ton Soup Chicken Chow Mein Mixed Vegie Stir Fry
TUESDAYS	2 Fish Chowder Seafood Spaghetti Rapini Salad	Borscht Beef Stroganoff Butter Noodles Salad	16 Squash Lentil Soup Goat Curry Peas Paneer Salad	23 Napa Cabbage Soup Teriyaki Chicken Thighs Carrots & Rice	30 Turkey Vegetable Soup Turkey Shepherd's Pie Mixed Vegetables
MONDAYS	1 Greek Vegetable Soup Lamb Cannelloni Green Beans Greek Salad	B Italian Bean Soup Beef Arancini Cream Spinach Salad	15 Moroccan Bean Soup Moroccan Chicken Thighs Couscous Salad	22 Brock House Closed Victoria Day	29 Tomato Bisque Soup Macaroni & Cheese Broccoli & Salad

THE CAFETERIA DOES NOT CARRY LARGE AMOUNTS OF CHANGE. PLEASE DO NOT PRESENT LARGE BILLS IN PAYMENT FOR YOUR MEAL.

Cafeteria is open from 9:00 a.m. to 3:30 p.m. - Lunches are served from 11:30 a.m. - 1:00 p.m.